

19 AWESOME DIY FIDGET TOOLS

These DIY fidgets are the perfect way to support kids in the classroom without breaking the bank!

- 1 || Balloons filled with flour or play dough
- 2 || Nuts and bolts
- 3 || Tube sock filled with dry rice and sewn shut for weight/tactile play
- 4 || Velcro under the desk or table to run fingers over
- 5 || Theraband on legs of the desk or chair
- 6 || Pipe cleaners to twist/wind around fingers
- 7 || Kneadable erasers or sticky tack
- 8 || Clear sealable bags filled with hair gel or finger paint and taped closed (add buttons, beads, craft eyes)
- 9 || Flexible rubber hair curlers
- 10 || Sew a small mesh fabric tube, place a marble inside, and sew ends closed so the child can push the marble back and forth inside the tube.
- 11 || Flexible straw cut short so the child can bend/flex in his hands
- 12 || Key rings linked together (try different sizes)
- 13 || Hair rubber bands around wrist
- 14 || Large key ring with pony beads looped on
- 15 || Sealable bags or balloons filled with water beads
- 16 || Small gel window clings on a piece of laminated card stock
- 17 || Gear ties
- 18 || String pony beads onto a pipe cleaner and duct tape either end to a craft stick for child to slide beads up and down.
- 19 || Pony bead strung onto a jumbo paper clip