

DIY BALLOON FIDGET TOYS FOR KIDS

Fill a deflated balloon with one of the following and have kids test the results to determine their favorite!

1 || Marbles

Creates a hand strengthening fidget.

2 || Play Dough

Squish play dough inside a balloon until it's squeezable.

3 || Flour

Creates a softer, easier to squeeze version.

4 || Sand

This filler makes for a more dense, harder to squeeze fidget.

5 || Dry Beans

You can use a variety of different types and sizes of beans to create different texture and density.

6 || Rice

Creates a fidget toy with a satisfying, crunchy squeeze factor!

7 || Water Beads

For a slimy, smooth, squeezable texture on the go!

8 || Baking Soda and Conditioner

9 || Pompoms

This is a good one for kids who might scratch, pinch, or tear the balloon, as it won't make a huge mess if it gets broken.

Tips for Making DIY Balloon Fidget Toys

-Use a double layer of balloons if possible, especially with kids who are particularly rough on their fidget toys.

-When making balloon fidgets, cut the bottom off of a plastic water bottle and use the top as a funnel.

-Make it a guessing game. Make a variety of balloon fidget toys. Can kids guess what's inside each one?