



1 || Hot Hands

For this simple game, one child places his hands out, palms up. The opposing person places her hands (palms down), on top of the first person's hands. The player whose hands are on the bottom has to move both hands as quickly as possible to try to tap the backs of both of his opponent's hands before she pulls them away.

2 || Patty Cake

Another favorite, patty cake is simple and fun.

3 || Rock Paper Scissors

A rock is a fist, paper is a flat hand and scissors is the index finger and middle finger presented in a "V" to look like scissors! Each player pounds their fist 3 times on the table or in the air and, on 3, each player presents their object (rock, paper or scissors). Rock loses to paper. Paper loses to scissors. Scissors lose to rock.

4 || Thumb War

One, two, three, four, I declare a thumb war! Make a fist, link with a partner using your fingers and then wrestle those thumbs until someone pins a thumb for a count of 3!

5 || Itsy Bitsy Spider

A childhood classic, this game is great for coordination!

6 || Bottom's Up

This game is great for a group of a few kids to play together. One child places his or her hand on the table or other surface. Each of the other kids then places both of their hands on top of the first person's hands, making a big stack of hands. Whoever's hand is on the bottom has to quickly pull it out from under the stack and place it on top! There is really no winner to this one, the game simply continues as the kids go on pulling out the bottom hand and stacking it at the top of the pile!